

Toronto Island School

HOT LUNCH MENU

Parents,

The following menu is an alternating menu over the course of a two week period.

It is up to the individual family if they would like to keep track of the menu.

This information is to provide parents with an overview of what your child is receiving in our hot lunch program.

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAY SCHOOL LUNCH	CHEESE PIZZA	VEGGIE OR CHICKEN	CHICKEN BREAST	VEGGIE PASTA	BAKED SOLE
	GARDEN SALAD	WRAP/TOPPINGS	W.W. BUN	W.W.ROLL	BROWN RICE
	VEGGIE STICKS	GARDEN SALAD	SOUP	GARDEN SALAD	STEAMED VEG
	MILK	MILK	GARDEN SALAD	MILK	GARDEN SALAD
		VEGGIE STICKS	MILK	VEGGIE STICKS	MILK

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DAY SCHOOL LUNCH	MAKE YOUR OWN	CHEESE PIZZA	BEEF BURGER	BEEF/VEG TACO	B.B.Q. CHICKEN
	SUB		SOUP	TOPPINGS/CHIPS	BROWN RICE
	PASTA SALAD	GARDEN SALAD	GARDEN SALAD	GARDEN SALAD	STEAMED VEG
	GARDEN SALAD	VEGGIE STICKS	VEGGIE STICKS	VEGGIE STICKS	GARDEN SALAD
	MILK	MILK	MILK	MILK	MILK